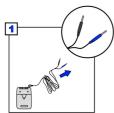
To begin operation of your conductive garment and/or cloth electrodes, please refer to the manufacturer's instructions for use. This Quick Start Quide is an educational aid only. It is not intended as medical advice for individual conditions or treatments. If you have questions regarding the operation of your conductive garment and/or cloth electrodes, replacement cloth electrodes, or warranty information, please call us toll-free at 1-800-456-1971.



Extend lead wire with pins from T.E.N.S. unit.



Open garment and locate cloth electrodes.



Remove cloth electrodes from garment.



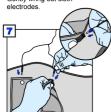
Wet cloth electrodes with water until fully dampened.



Gently wring out cloth



Return cloth electrodes to garment with velcro.

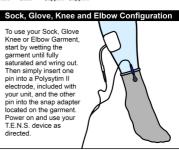


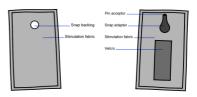
Insert lead wire pins into snap adapters on underside of cloth electrodes.



Power on and use T.E.N.S device as directed.







Conductive Garment Electrodes

Helpful Hints

- Make sure cloth electrodes are completely dampened with water before wringing out.
- When wringing out, do so to remove excess water, cloth electrodes should remain damp.
- ♦ Electrolyte spray may be used in place of water for improved ion transfer.
- Red and black pins are interchangeable and may be inserted in either cloth electrode.*
- For care and cleaning of cloth electrodes or garment, please refer to manufacturer's instructions.

^{*}Ground electrode may be required with certain garments, e.g. stim sock.